From Social Determinants of Health to Cultural Determinants of Health: Culture as Prevention

Presented by Jennifer Nanez, MSW, LMSW, Teresa Gomez, MA

Date and Time

Thursday May 11th 1:00pm-2:00pm **Platform**

Zoom

Activity Format

Lecture Series

Registration

This presentation is Public (Open Invitation to All), and there is no fee to participate in this webinar. Continuing education credits from various disciplines will be provided for attending this webinar.

Registration is required. Please use this link to register to secure an opening: https://hsc-unm.zoom.us/meeting/register/tJYkduChrzotEt22bjKeyHDYpX8hVhZ4J58d#/registration

Please contact Alexander Pond at apond@salud.unm.edu for all continuing education registration and logistical details.

Learning Objectives/Outcomes

At the end of this presentation, participants will be able to:

- 1. Define Social Determinants of Health.
- 2. Examine the intersection of the Social Determinants of Health and Historical Trauma in relation to the American Indian and Alaskan Native population.
- 3. Examine Cultural Determinants of Health to support Indigenous resilience in health care response.

Target Audience

Counselors, Social Workers, LADAC, LPC, LCPC, LPCC, LMHC, LPCMH, LCMHC, LPC-MH, LADAC, CADAC, Community Health Representatives/Workers, NM Certified Peer Support Workers/Specialist, Health and Human Services Workers, Tribal Providers

About the Presenter



Jennifer S. Nanez, MSW, LMSW, currently serves as a Training and Technical Assistance Coordinator with the SAMHSA Tribal Training and Technical Assistance Center under Tribal Tech LLC, and is an enrolled tribal member of the Pueblo of Acoma, New Mexico. Ms. Nanez has been in the social work and education fields for over 20 years with an emphasis in serving the American Indian population, and promoting effective community engagement and clinical work in the American Indian community. Ms. Nanez has worked in Urban Indian, Tribal, Federal, and University systems, and now provides support to Tribal communities nationally in her current role. Ms. Nanez's interests lie in suicide prevention and mental health treatment support working within a healing from Historical Trauma framework; and supporting community readiness,

resilience, and capacity building in our Tribal communities.



Teresa Gomez is an enrolled member of the Pueblo of Isleta and a life-long resident of New Mexico. Teresa has dedicated her career to serving Tribes and advocating for issues affecting American Indians. In 2006, Teresa served as the Deputy Cabinet Secretary for the New Mexico Indian Affairs Department. Teresa also served as the Deputy CEO for the NM Behavioral Health Purchasing Collaborative. Teresa has worked extensively with Tribal governments and various governmental agencies at the federal, state, and local levels. She has been instrumental in building and strengthening Tribal-State relations and collaboration. Teresa is a faculty member of UNM's Division of Community Behavioral Health serving as a Lecturer II.

Disclosure Statement

The following planners and faculty disclose that they have no relevant financial relationships with any commercial interest for this APA/NMCTB activity:

Jennifer Nanez, MSW, LMSW,

Teresa Gomez, MA

Continuing Education

CE credits are awarded by The University of New Mexico Department of Psychiatry & Behavioral Sciences Division of Community Behavioral Health (CBH), NM Counseling & Therapy Board (NMCTB) has been approved for counselors and therapists. One (1) NMCTB continuing education credit will be provided for attending this presentation. Details on how to claim the credit will be provided during the presentation.

To earn a certificate of continuing education:

Sign In/Out Attendance Verification

- ☐ The Zoom usage and participation report will be utilized for attendance verification.
- ☐ Properly sign into Zoom (name, email address, etc.).
 - ☐ Partial credit will not be given; you must attend the entire time in order to receive credit.

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- ☐ A CE evaluation link & QR Code will be provided at the end of presentation.
 - ☐ The evaluation will close 48 hours from the day of the presentation.

CE Certificates

- Once you complete and submit the evaluation, the CE certificate will automatically be generated.
 - ☐ Please print/save/screen shot the certificate at the completion of evaluation.
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 - ☐ Certificates will not be issued in any other manner.

Accreditation Statements/Continuing Education Disclaimers

New Mexico Counseling and Therapy Board

This activity has been approved to provide Continuing Education Units (CEU) by NM Counseling & Therapy Board through Dr. Avron Kriechman at the UNM Department of Psychiatry & Behavioral Sciences, Division of Community Behavioral Health.

CE Provider

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Zoom Meeting

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- Joining a Zoom Meeting
- How To Zoom Tutorials
- ☐ Frequently Asked Questions

Zoom Recording

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