

# ***Training for Behavioral Health Providers in Tribal Communities: Community Readiness Model for Suicide Prevention***

**Webinar Series is offered by NM Indian Affairs Department  
in collaboration with Honoring Native Life**

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***Presented by: Jennifer Nanez, LMSW, & Connie O'Marra, LCSW***

## **Date and Time**

Wednesday  
March 10, 2021  
1:00pm-3:00pm MST

## **Location**

Zoom

## **Activity Format**

Workshop

## **Registration**

This presentation is Public (Open Invitation to All). There is no fee to participate in this presentation. Continuing education credits from various disciplines will be provided for attending this presentation. Details on how to claim these credits will be provided during the presentation.

Please use this link to register to secure an opening:

<https://hsc-unm.zoom.us/meeting/register/tJArd-iorTkpH9WQZIL7ffGdhCGHWs2jbLvM>

Please contact Cheryl Drapeau at [cadrapeau@salud.unm.edu](mailto:cadrapeau@salud.unm.edu) for additional registration and logistical details.

## **Objectives**

At the end of this presentation, participants will be able to:

1. Summarize the Community Readiness Model and its use in developing community outreach strategies for suicide prevention.
2. Identify the six dimensions of community and the nine stages of readiness as part of the model.
3. Examine readiness stages, their meaning, and strategies to increase community awareness and engagement.
4. Examine implementation of the community readiness model during COVID related restrictions in tribal communities.

## **Target Audience**

Counselors, Social Workers, LADAC, Peer Support Specialists, LPC, LCPC, LPCC, LMHC, LPCMH, LCMHC, LPC-MH, Social Workers, LADAC, CADAC, Community Health Representatives/Workers, NM Certified Peer Support Workers, Health and Human Services Workers, Tribal Providers

## **About the Presenter**



**Jennifer S. Nanez, MSW, LMSW** is a Health Systems Specialist and Acting Behavioral Health Consultant with the Indian Health Service, Albuquerque Area Office. Ms. Nanez currently oversees the Substance Abuse and Suicide Prevention (SASP), and Domestic Violence Prevention Program (DVPP) grants for the Albuquerque Area. She provides technical assistance and clinical support for Federal and Tribal behavioral health clinics. She also provides community crisis response team building and implementation. Ms. Nanez has experience providing tele-behavioral health services and Tribal Behavioral Health program management. Ms. Nanez is an enrolled member of the Pueblo of Acoma, New Mexico.



Ms. Connie O'Marra is a licensed social worker and earned her Master of Social Work degree from the University of California, Los Angeles. She has worked to promote individual and community wellness for over 30 years. Her experience includes providing individual clinical interventions to women, children, and families and helping Native American communities organize efforts to strengthen and increase cultural protective factors. Her most recent experience includes coordinating activities for two SAMHSA contracts, Native Connections and the Tribal Training and Technical Assistance (TTA) Centers, which provide services to tribal nations, native communities, and rural and urban organizations. The focus of her current work is strengthening native families and communities by encouraging trauma mastery, community healing, and culturally focused strategic planning. Prior to this position, Ms. O'Marra provided consultation to communities for Native Aspirations, a national TTA project funded by SAMHSA. Ms. O'Marra also worked as a child and family therapist from 1991 to 2008, including providing services to children to

children ages 2-8 and their families at Phoenix Indian Medical Center (PIMC) Behavioral Health Services. Along with her Irish roots, Ms. O'Marra is an enrolled member of the Citizen Potawatomi Nation of Oklahoma.

## Disclosure Statement

The presenters do not have a financial arrangement related to the content of this activity.

## Continuing Education

CE credits are awarded by your CBH, which has been approved by APA to offer continuing education to psychologists and NM Counseling & Therapy Board. **Two (2) NMCTB continuing education credit or two (2) attendance hour will be provided for attending this presentation.**

To earn a certificate of continuing education:

### Sign In/Out Attendance Verification

- The Zoom usage and participation report will be utilized for attendance verification.
- Properly sign into Zoom (name, email address, etc.).
  - Partial credit will not be given; you must attend the entire time in order to receive credit.**

### CE Evaluations

- A CE evaluation link will be provided at the end of webinar.

### CE Certificates

- Once you complete and submit the evaluation, the CE certificate will automatically be generated.
  - Please print/save/screen shot the certificate at the completion of evaluation.
  - To receive a copy of your certificate via email, reenter your email address in the "Enter your email to receive confirmation message?" box at the bottom of the generated certificate page.

Details on how to claim the credit will be provided during the presentation.

## Continuing Education Disclaimers

## New Mexico Counseling and Therapy Board

This activity has been approved to provide Continuing Education Units (CEU) by NM Counseling & Therapy Board through Dr. Avron Kriechman at the UNM Department of Psychiatry & Behavioral Sciences, Division of Community Behavioral Health.

## Sponsored By



## CE Provider

UNM Dept. of Psychiatry & Behavioral Health, Division of Community Behavioral Health (CBH)  
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