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**Checklist for Tribal Rapid Response to Outbreak of COVID-19 Positive
Individuals in the Community**

Name of Tribal Nation: _____

Date of notification of COVID-19 outbreak: _____

Upon learning of outbreak or increased numbers of positive cases, please take the following precautions immediately:

1. Confirmed COVID-19 Cases/Contact tracing:

- Notify the appropriate authorities of the outbreak:
 - Tribal leadership
 - Tribal emergency management
 - IHS/other healthcare provider
- Notify NMDOH to report the outbreak and request testing: contact Aja Sanzone, Medical Director, NMDOH Infectious Disease Bureau, 917-582-6241, Aja.Sanzone@state.nm.us.
- Advise tribal members who have tested positive to stay home except to get medical care.
 - If they experience trouble breathing; persistent pain or pressure in the chest; new confusion; inability to wake or stay awake; and/or blueish lips or face, call ahead to your local emergency facility or the COVID-19 Hotline at 1-855-600-3453.
- Begin contact tracing procedures.
 - Identify tribal community members who the individual had been in contact with and alert them of the positive test.
 - Advise tribal members who have had close contact with a person diagnosed with COVID-19 to get tested as soon as possible; self-isolate for 14 days (upon contact date); self-monitor for symptoms (i.e. fever, cough, etc.); follow [CDC guidance](#) if symptoms develop; and seek medical care if experience emergency symptoms.

- Identify tribal offices, businesses and other entities where the positive individual(s) had visited and alert them of the positive test. If appropriate, offices, businesses, or other facilities should immediately cease operations and alert those that have come in close contact with person that tested positive with instructions to quarantine.
- Disinfect facilities as appropriate, recommended source: the *New Mexico COVID-19 Safe Practices for Individuals and Employers* handbook

2. Next Steps following Initial Tribal Community Testing

- All identified persons that were in close contact with positive tested person should be provided with information for COVID testing and should be instructed about how to quarantine and self-isolate. Contact NMDOH Public Health Division.
- Develop strategies for returning to work and guidance on when it is safe to be around others that includes one of the CDC guidelines listed below.
 - Symptom-based method, cannot return to work or be around others until:
 - At least 3 days (72 hours) have passed *since recovery*, meaning no fever (without the use of fever-reducing medications such as Ibuprofen or Tylenol); **and**
 - Improvement in respiratory symptoms (e.g., cough, shortness of breath); **and**,
 - At least 10 days have passed *since symptoms first appeared*
 - Time-based strategy:
 - You must stay in isolation until 10 days have passed since the date of your first positive COVID-19 test.
 - If you develop symptoms *after* the COVID-19 test, then you will have to switch to the symptom-based method.
 - Two negative tests, taken 24 hours apart:
 - No fever (without the use of fever-reducing medications such as Ibuprofen or Tylenol)
 - Cough and shortness of breath has improved
 - You must have two swab tests performed 24 hours apart with negative results.

3. Long-term Community Needs

- Tribal leadership should consider the following mitigation policies:
 - Lockdown of tribal nation;
 - Daily and/or weekend curfews;

- Establish tribal checkpoints;
 - Issue guidance on community gatherings:
 - Consider enforcement of public health orders
- If your tribe is in need of food, water, PPE, or other supplies, please contact NM Emergency Operation Command Center (EOC) Tribal Liaisons Kalee Salazar and Fenicia Ross at DHSEM.TribalLiaison@state.nm.us to obtain appropriate form(s) and field any questions. The designated tribal Emergency Manager of your Nation/Tribe/Pueblo should have access to submit forms via the WebEOC platform.
- If your tribe is in need of alternative housing options, see options below:
 - For alternative housing for First Responders, should they test positive, please reach out to the EOC first at (505) 476-9635. The EOC can reach out to the sheltering line on your behalf or you can contact the ESF-6 Shelter Hotline 1-833-415-0495.
 - For isolation unit coordination assistance, please contact the ESF-6 call center at 1-833-415-0495 this line is operational ESF6 call center hours are 9am to 5pm Monday to Friday, this line should be used for sheltering assistance or for transportation assistance to shelters.
 - In the event ESF-6 is not able to provide isolation assistance please reach out to Tribal Liaisons at the EOC who will assist by identifying alternative solutions.

RESOURCES:

- CDC Crisis and Emergency Risk Communication:
<https://www.cdc.gov/coronavirus/2019-ncov/downloads/fs-CERC-Infectious-Disease.pdf>
- CDC General Business Frequently Asked Questions:
<https://www.cdc.gov/coronavirus/2019-ncov/community/general-business-faq.html#Suspected-or-Confirmed-Cases-of-COVID-19-in-the-Workplace>
- CDC Cleaning and Disinfecting for Non-emergency Transport Vehicles:
<https://www.cdc.gov/coronavirus/2019-ncov/community/organizations/disinfecting-transport-vehicles.html>
- CDC Contact Tracing:
<https://www.cdc.gov/coronavirus/2019-ncov/php/open-america/contact-tracing-resources.html>
- CDC Return to Work (for Health Care Providers):
<https://www.cdc.gov/coronavirus/2019-ncov/hcp/return-to-work.html#practices-restrictions>

- CDC When You Can be Around Others After You Had or Likely Had COVID-19:
<https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/end-home-isolation.html>
- CDC FAQ:
<https://www.cdc.gov/coronavirus/2019-ncov/faq.html#Cleaning-and-Disinfection>
- CDC Print Resources:
<https://www.cdc.gov/coronavirus/2019-ncov/communication/print-resources.html?Sort=Date%3A%3Adesc>
- NM Department of Health (NMDOH):
<https://cv.nmhealth.org/>
- Occupational Safety and Health Administration (OSHA) - Guidance on Preparing Workplaces for COVID-19:
<https://www.osha.gov/Publications/OSHA3990.pdf>
- Environmental Protection Agency (EPA) - Disinfectants for Use Against SARS-CoV-2:
<https://www.epa.gov/pesticide-registration/list-n-disinfectants-use-against-sars-cov-2-covid-19>
- New Mexico COVID-19 Emergency Supply Sourcing & Manufacturing:
<https://www.nmccovid19.org>
- Urban Indian Health Institute's COVID-19 Information for Employers:
<https://www.uihi.org/resources/covid-19-information-for-employers/>
- Urban Indian Health Institute's COVID-19 Information for High Risk Individuals:
<https://www.uihi.org/resources/covid-19-information-for-high-risk-individuals/>
- The American Indian Health Commission (AIHC) COVID-19: Model Plans, Policies, Codes and Resolutions
<https://aihc-wa.com/aihc-emergency-preparedness/incident-responses-and-other-news/covid-19-model-docs/>
- Washington State Department of Health, Non-Pharmaceutical Interventions Implementation Guide:
<https://seureservercdn.net/50.62.172.232/tvl.3bf.myftpupload.com/wp-content/uploads/2020/03/Non-Pharmaceutical-Interventions-Guidance-Overview-and-Implementation.pdf>