



STATE OF NEW MEXICO INDIAN AFFAIRS DEPARTMENT

Michelle Lujan Grisham, Governor
Lynn Trujillo, Secretary
Nadine Padilla, Deputy Secretary

LIST OF BEHAVIORAL HEALTH RESOURCES FOR NATIONS, TRIBES, AND PUEBLOS

Objective:

- Identify what state resources are available for BH related support to address trauma, stress and loneliness during this time for our tribal communities.

STATE

NMDOH Coronavirus Disease 2019 in New Mexico - <https://cv.nmhealth.org/>

- This is the official state website for COVID-19 in New Mexico, which includes links to Executive Orders and Public Health Orders; Health Care Providers – Public Health Order Compliance; Latest Updates and Data; and other resources.

New Mexico Crisis and Access Line - <https://www.nmcrisisline.com/>

- Call toll free anytime 24/7/365 **1-855-NMCRISIS (662-7474)**
- The New Mexico Crisis and Access Line supports individuals and communities during this time. As a professional mental health line, we maintain a solution focused approach built on validation, normalization, and access to resources. This model has prepared us to appropriately respond not only to mental health concerns, but also the COVID-19 (Coronavirus) outbreak. The New Mexico Crisis and Access Line (NMCAL) has established business continuity plans to ensure that our services continue to operate as normal. Counselors are available and here to hear you 24/7 at **855-662-7474**.

New Mexico Network of Care - <https://newmexico.networkofcare.org/mh/>

- This website is a resource for individuals, families, and agencies concerned with behavioral health. It provides information about behavioral health services, laws, and related news, as well as communication tools and other features.

NM Network of Care – Office of Peer Recovery & Engagement (OPRE) -

<https://newmexico.networkofcare.org/mh/content.aspx?cid=8113>

- Another telehealth BH service that also has texting capabilities.
- Please call **855-466-7100**.

Recovery Communities of New Mexico -

https://www.facebook.com/pg/behavioralhealthplanningcounsel/posts/?ref=page_internal

- Facebook page used to share news, info, and communications related to behavioral health in NM.

HSD NM Specialty Behavioral Health Service Guidance (2019)

- NM Specialty Behavioral Health Service Guidance, including all additional supplements released on service provision allowances, billing, and coding. See [here](#).

Behavioral Health Services Division (BHSD)

- Substance Use Disorder (SUD) services OPEN and AVAILABLE in person and at a distance.
- NMCAL Services' NM Connect App, which includes healthcare providers support line. See [here](#).

TRIBAL

- **[Eight Northern Indian Pueblos Council, Inc.](#) – Circle of Life Behavioral Health Network**
 - Continues to provide BH services via telehealth sessions and transportation to office.
 - Referral Contact: Ann Unrast, aunrast@colbhn.com, 505-692-4335
 - Executive Director Dorothy Forbes, dforbes@colbhn.com

FEDERAL

- U.S. Department of Health & Human Services
 - **[Substance Abuse and Mental Health Services Administration](#)**
 - [FindTreatment.gov](#) – Site to find a treatment facility near you.
 - [National Suicide Prevention Lifeline](#) – 1-800-273-TALK (8255)
 - [Behavioral Health Treatment Services Locator](#) – Find treatment facilities confidentially and anonymously, 24/7.
 - [National Helpline](#) – 1-800-662-HELP (4357)
 - [COVID-19 Guidance & Resources](#)
 - [Emergency Grants to Address Mental and Substance Use Disorders During COVID-19](#) (Closed)
 - **[Helping Children Cope](#)**
 - **Indian Health Service – Albuquerque Area Behavioral Health Services**
 - IHS/AAO Behavioral Health Services continue in a limited capacity due to requirements of social distancing. Where appropriate and where available, providers are working on telephonic check-ins and sessions, tele-behavioral health services, and/or a combination of these as well as emergency service provision. Nonetheless, these services are provided at:
 - Acoma Canoncito Laguna (ACL) Service Unit
 - Albuquerque Service Unit (which covers Santa Ana and Zia clinics)
 - Mescalero Service Unit
 - Santa Fe Service Unit
 - Zuni Health Center
 - New Sunrise Regional Treatment Center (Youth Residential Treatment Center)

- IHS Tele-Behavioral Health Center for Excellence Tele-Behavioral Health Toolkit. See [here](#).
- IHS Webinar Information on Tribal and urban programs interested in tele-behavioral health conversion and considerations. See [here](#).
- IHS Behavioral Health Resources List. See [here](#).
- Contact: Jennifer Nanez, MSW, LMSW, Acting Behavioral Health Consultant, IHS/AAO
 - Jennifer.Nanez@ihs.gov
 - O: 505-256-6719; C: 505-977-6112

OTHER

- Important Dates
 - April is Sexual Assault Awareness Month (SAAM), which is a crucial time for sexual assault service providers and advocates to show support for survivors and raise public awareness about consent, sexual assault, and violence.
 - Tuesday, April 7, 2020 – SAAM Day of Action
 - April 19 – 25, 2020 – International Anti-Street Harassment Week
 - Friday, April 24, 2020 – Day of Silence (to demonstrate the effects erasure of LGBTQ folks in schools across the country). Visit GLSEN.org.
 - Wednesday, April 29, 2020 – Denim Day (to support survivors and educate on sexual violence).
 - May is Mental Health Awareness Month.
 - TBD
- **Coalition to Stop Violence Against Native Women (CSVANW)**
 - Provides a space via Zoom to gather to collectively address concerns, foster creativity, and develop strategies to respond to advocacy relating to the stopping of violence against Native Women.
 - To join, please visit: <https://www.csvanw.org/about-us/csvanw-members/>. The page also has other tribal and non-tribal resources.
- **Albuquerque Area Southwest Tribal Epidemiology Center (AASTEC)**
 - Factsheet: [Mental Health Awareness for Native Communities During COVID-19](#)
 - Provides other factsheets; daily situational reports, weekly tribal partner calls. Please visit: <https://www.aastec.net/>.